

or call
Susan Warnick
654-2885
Midway

To
have
3-5-98

Van Wag & Wardell
Barn

- 1808** **Manuel Lisa and others founded the Missouri Fur Co.**
- 1808** **During that summer, Lisa went back to St Louis with his furs, now a very rich scoundrel.**
Also, William Clark, of Lewis & Clark fame, now became the Pres. Lisa's Fur Co.
- 1808** **On the Upper Missouri River, at or near Jefferson Fork, Colter & Partner, ran into 500 Blackfoot Indians. His partner resisted and was killed on the spot. These Indians captured Colter and stripped off his clothes. They gave him a chance to run for his life. He ran about 150 miles in 7 days--back to Lisa's Fort--saving his own life.**

Vern

Wardell

~~Bill~~ Linn Kiln
Bill
diff

Wm Van Wag

milked cows

A
moved it

corner
across Rd Lethia

Brown has west 30 orchard
Lee Clark west
apple plum
3 homes

* 1911 Atterdall
Wootton
18-20 cows
Butter Weber Merc

Ammon Van Wagoner - 0748

Joe
Paul

INSTRUCTIONS FOR YOUR BOWEL PREPARATION WITH FLEET® PHOSPHO®-SODA

READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE
AS SERIOUS SIDE EFFECTS MAY OCCUR.

Follow the steps for the Prep as listed below, or as prescribed by your physician on the back.
If you are taking medication (including aspirin or aspirin-containing products), consult your
physician for additional instruction before beginning this procedure.

2 DAYS BEFORE EXAM:

Obtain 3 fl. oz. of Fleet Phospho-soda (Ginger-Lemon Flavor or Unflavored) from your physician or pharmacy. The recommended dosage is one (1) 3 fl. oz. bottle OR two (2) 1½ fl. oz. bottles of Fleet Phospho-soda. Do not exceed the recommended dosage given in these instructions, as serious side effects may occur.

1 DAY BEFORE EXAM:

Drink **only clear liquids** for breakfast, lunch, and dinner. Solid foods, milk or milk products are **not** allowed. **Clear liquids** include all of the following that are **not colored red or purple**: strained fruit juices without pulp (apple, white grape, lemonade), water, clear broth or bouillon, coffee or tea (without milk or nondairy creamer), Gatorade®, carbonated and noncarbonated soft drinks, Kool-Aide® (or other fruit flavored drinks), plain Jello® (without added fruit or toppings), and ice Popsicles®.

Prep Schedule

- ☐ Breakfast - have only *clear liquids*.
- ☐ Lunch - have only *clear liquids*.
- ☐ Dinner - have only *clear liquids*.
- ☐ 7:00 PM: Add 1½ fl. oz. (3 tablespoonfuls; use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold *clear liquid* and drink. Follow immediately with 8 fl. oz. of *clear liquid*. Individual responses to laxatives vary. This prep often works within 30 minutes but may take as long as 3 hours. Remain close to toilet facilities as multiple bowel movements may occur.

Before midnight, drink at least three (3) additional glasses of *clear liquids*:

- ☐ Drink 8 fl. oz. of *clear liquids*.
- ☐ Drink 8 fl. oz. of *clear liquids*.
- ☐ Drink 8 fl. oz. of *clear liquids*.

Nothing to eat or drink after midnight.

DAY OF EXAM:

- ☐ **6:00 AM (OR 3 HOURS BEFORE YOU LEAVE FOR YOUR EXAM):** Add 1½ fl. oz. (3 tablespoonfuls, use measuring spoons, not tableware) of Fleet Phospho-soda to one-half glass (4 fl. oz.) of cold *clear liquid* and drink. Follow immediately with 8 fl. oz. of *clear liquid*. Reminder: remain close to toilet facilities.

